

Activity Itinerary

Day Day 1 : Kasol to Grahan village

Description: -

- Altitude: 1,700 m to 2,350 m
- Distance: 10 km
- Time taken: 4-5 hours

- Follow the marked trail through forests and along the Grahan nalah
- Look for makeshift stalls selling refreshments like tea, omelets, and rhododendron syrup
- Climb uphill away from the right bank of the river
- After a steep climb of about an hour, arrive at the village of Grahan
- Accommodation available in guest houses and camping ground

Day Day 2: Grahan to Min Thach

Description: -

- Altitude: 2,350 m to 3,400 m
- Distance: 7 km
- Time taken: 4-5 hours

- Follow the trail north from Grahan, which climbs up gently
- Enter a dense forest with little sunlight
- The trail becomes steeper and confusing in places
- The forest opens up to a grassy patch on a ridge called Min Thach
- Enjoy the view of Chanderkhani and other ranges to the north-west
- To the south-east, find a seasonal vendor's hut and a tap with potable water
- Camp for the night, protected from strong winds by the ridge
- Dig a trench around the tents to allow natural drainage of water in case of rain, hail, or snow

Day Day 3: Min Thach to Nagaru

Description: -

- Altitude: 3,400 m to 3,800 m
- Distance: 8 km
- Time taken: 4-6 hours

- Start early to avoid slippery snow later in the day
- Follow the trail that veers up to the south and goes into the woods
- Depending on the weather, watch out for snow
- Come to a rocky ridge overlooking a grassy meadow down in the distance
- The path goes up the ridge to the cliffs atop which Nagaru sits
- After a hundred meters, the tree-line ends and gives way to patches of grass and shrubs
- Exercise caution while trekking in snow and rely on a guide and a trekking pole
- Proper technique: dig into the snow with your toes, establish a firm foothold, and then put the other foot ahead in the same fashion
- After a couple of hours, reach a welcoming patch for camping

Day Day 4: Nagaru to Sar Pass and Biskeri Thach

Description: -

- Altitude: 3,800 m to 4,220 m to 3,500 m
- Distance: 14 km
- Time taken: 10-11 hours

- Start early to reach Sar Pass before the snow gets too soft
- Climb up the ridge-line, and follow the markers
- Keep left of the pass, for the right side is very steep and may be slippery
- After crossing the pass, descend to Biskeri Thach

- Camp near the forest guest house or in the open, depending on the weather

Day Day 5: Biskeri Thach to Barshaini

Description: -

- Altitude: 3,500 m to 2,500 m
- Distance: 12 km
- Time taken: 6-7 hours

- Follow the trail through the forest, and cross the stream
- Reach Pulga, a village with a temple and a waterfall nearby
- Trek along the left bank of the Parvati River, through Nakthan and from Barshaini,
Then Drive back to Kasol



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